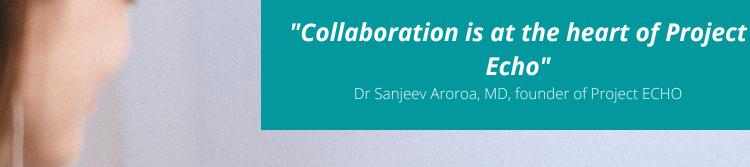
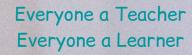
March 2021: Edition 1



# Project ECHO® NI

**Newsletter** 







## **Project ECHO NI Covid-19 Response**

Here at Project ECHO NI we are working across our health and social care system in Northern Ireland to support staff through the C-19 pandemic.

Using virtual technology, Project ECHO NI has been able to provide a safe virtual space for education, training, sharing best practice, and supporting staff working in highly pressured and challenging situations.

Project ECHO NI is supporting lots of sectors including nursing homes, residential homes and care at home staff. See our full list of networks on the back page or on our website.

"We could not have got through the worst of the pandemic without our ECHO network. We continue to feel much supported by your entire team and are very grateful for this."

... a care home lead

**Nursing Consultant, Gary Cousins says:** 

"ECHO has provided a platform to engage with Care Homes on a large scale through the COVID-19 pandemic. We have been able to facilitate education sessions for large volumes of colleagues that would have been unachievable through traditional face to face methods. PHA have been able to complement the ECHO sessions being delivered in local Trust areas with Regional sessions relevant to those across all Trust areas."

See a list of our live networks over the page and hear about our Social Prescribing ECHO including some thoughts from Les Drew - Chair of the Health & Social Care Board



Social prescribing is a means of supporting people's health and wellbeing in a holistic way. GPs and other frontline healthcare professionals can refer patients to social prescribing link workers who can work with them to find solutions which will improve their health and wellbeing, often using services provided by the voluntary and community sector.

The Project ECHO
network supports
social prescribing link
workers from across
Northern Ireland &
Republic of Ireland to
connect via
videoconferencing on a
regular basis to share

their best practice and to learn together.

Since October 2019, the Social Prescribing ECHO network has held monthly learning sessions and has included link workers from a range of social prescribing services including;

- SPRING Social prescribing
- Belfast Connected Communities
- mPower
- IMPACT Agewell in Mid and East Antrim
- Living Well Moyle

Through these sessions staff have adapted services in order to continue to offer vital support to people during the COVID-19 Pandemic

Social prescribing recognises that by collectively working together, health care professionals and their community and voluntary partners can help individuals take greater control in improving their own health and wellbeing.

#### **Live Networks**

- Atrial Fibrillation
- Care Homes Southern Trust
- Care Homes Western Trust
- Care Homes Northern Trust
- Care Homes South Eastern Trust
- Community Pharmacy
- Diabetes Belfast Trust
- Family Nursing Partnerships
- HSCQI Learning Systems
- Neighbourhood District Nursing
- No More Silos Western Trust
- Northern Ireland Social Care Council
- Nursing Homes Belfast Trust
- Optometry/Ophthalmology (Glaucoma)
- Palliative Paediatrics
- PHA Care Homes and Domiciliary Care C-19
- Positive Behaviour Support
- Social Prescribing
- South West Acute Hospital Primary/Secondary Interface
- Southern Federation GP Education Primary/Secondary Interface
- Working Safely Western Trust

#### **New Networks**

- mPower
- Towards Zero Suicide

If you are interested in starting an ECHO network, please contact Áine McMullan: aine.mcmullan@hscni.net



Check out our new animation!
Use the link below to take a walk with us
on our journey so far

https://echonorthernireland.co.uk/

### **Contact us**



For more information please visit our new website:

https://echonorthernireland.co.uk/ or telephone 028 95 363926

If you would like added to our mailing list please contact

lorna.marshall@hscni.net

