

Project ECHO

Northern Ireland

Network Evaluation Summaries
January 2020 – November 2021

2020



Northern Ireland Social Care Council Project ECHO network

Background: The Social Care workforce of over 33,000 is diverse and comprehensive. Domiciliary Care staff work across all areas and localities of NI, in service users' own homes and in Supported Living contexts frequently delivering complex and demanding care/support. To reach this workforce it is critical to build a network for Social Care Managers so that learning and development as well as best practice can be cascaded through organisations.



Network aim: To provide support to domiciliary care managers across Northern Ireland through sharing of knowledge and experience.



11 ECHO sessions



15 participants on average



10 case presentations

Evaluation findings



83% agreed participation enhanced their understanding of 'good practice' in domiciliary care



67% agreed participation helped them feel more supported in their role



44% agreed the network facilitated development of relationships between domiciliary care managers



100% would recommend ECHO as a useful learning tool to others



56% agreed participation has influenced strategic direction of their team



67% agreed they have implemented learning from ECHO sessions into practice

"We are looking into the telephone monitoring, how it would benefit the service user, the company and the care worker"



"I have been able to discuss some of the topics with my team and with other managers at our managerial meetings"

What was most useful?

"Networking and adding tangible value to the role of domiciliary social care providers, toward parity of esteem"



"Hearing that other people can struggle too in certain areas, that we are all in the same boat"



"Networks initiated understanding what areas of learning are important to Dom Care Providers"

Positive Behaviour Support Project ECHO network

- Background: Positive Behavioural Support (PBS) is an ethical and effective way of supporting individuals with learning disabilities who present with behaviours of concern. The PHA recently invested £15,000 in training for staff in this modality across HSC services in Northern Ireland. Twelve staff from across the five HSC Trusts have successfully completed this training and are now accredited British Institute of Learning Disability PBS Coaches.

Network aim: to support PBS coaches, embed their new skills in their local areas and form the basis of a community of practice across Northern Ireland.

9 ECHO sessions

19 participants on average

14 case presentations

Evaluation findings

Increased knowledge in how to care for people with behaviors of concern



Increased level of skill to care for people with behaviours of concern



Increased level of confidence to care for people with behaviours of concern

65% agreed participation helped in assessment of individuals with behaviours of concern

61% agreed they have implemented learning from ECHO sessions into practice



“Provided insight into behaviours and forms of interventions that I have not experienced or utilised”



“Used learning to inform service developments relating to Learning Disability”



“Prompted us to consider other factors which may influence behaviour such as trauma or attachment”



“making support plan more staff friendly to aid implementation, also looking at audit and outcomes more specifically”

What was most useful?

“presentations especially trauma and behavioural phenotypes”



“offering practical advice and examples in respect of challenging cases”



“useful to have this network so we can learn from each other and share our knowledge”

Quality Improvement District Nursing Project ECHO network

Background: Quality Improvement (QI) is an important enabler for the Health and Social Care (HSC) system as it seeks to improve safety, reduce error and change the way services are delivered. As in most similar systems, we face a problem of QI capability and capacity. The HSC Safety Forum is a regional unit, sitting within Public Health Agency, with a remit to support HSC organisations in their drive for quality improvement to include building QI capability and capacity.

Network aim: To enable district nurses to initiate and manage QI projects within the area of palliative care.

8 ECHO sessions

11 district nurses on average

11 case presentations

Evaluation findings

Increased knowledge, skills and competence in QI concepts e.g. aim setting, PDSA cycles, run charts

Increased confidence to apply QI concepts e.g. diagnostic tools (process mapping, fishbone), driver diagrams

100% agreed topics covered were relevant to their QI projects

100% agreed they have implemented learning from ECHO sessions

What was most useful?

"We used the fish diagram and it is useful to refer back to the session notes"



"I felt the ECHO programme for district nursing was very relevant as it was presenting QI methodology using palliative care as the subject matter"


"I found project ECHO very informative I enjoyed the step by step approach and delivery of the educational sessions these provided direction and support to develop my own knowledge"



"It has been very useful to print off the education presentations and these are excellent reference material. Very well presented. Good links to other websites"

Safeguarding ECHO network

 **Background:** To standardise practice & responses to neglect across the Network.

 **Aim:** To improve multi-agency working within the area of neglect and to improve the understanding of the roles and responsibilities of key practitioners.
To share the latest learning and resources in relation to neglect and share this learning with colleagues and provide peer support.


 **7 ECHO sessions**

 **12 participants on average**


 **8 patient case presentations**

What benefits were reported?

 **100% Participants Agreed or Strongly Agreed they would recommend Project ECHO as a useful learning tool**

 **100% found Case Based Learning as the focus for discussion and an impactful way of learning**

 **92% found participating in Project ECHO enjoyable**

 **46% shared learning with other members of their team or service**

 **85% found the ECHO sessions relevant to their practice**

 **62% have implemented learning from ECHO into their work**

 **77% attended 1-3 ECHO sessions**
23% attended 4-6 ECHO sessions

..... Impacts on practice

"It was most useful to come together with other practitioners from other areas, which provided me with a better understanding of how we all work together with the same goal but different purpose"

"What i found most useful was the sharing of information from different agencies and learning why they do things the way they do"

Paediatric Palliative Care: Year 2

Background: Children's palliative care is not a discrete speciality, but delivered by a multi-professional team of health and social care practitioners within primary, secondary and tertiary care, and with involvement from statutory and voluntary organisations. Co-ordination of care across such interfaces is often problematic.

Aim: to develop the knowledge, skills and understanding of children's palliative care within a diverse workforce.



7 ECHO sessions



18 participants on average



9 patient case presentations

Key evaluation findings



87% agreed they have applied knowledge gained through ECHO to care of patients



"we have progressed work on blended diets to be able to offer it in our supported short breaks"



88% have shared learning with other members of team



"We have discussion sessions following relevant ECHO sessions to share information with the team"



94% agreed participation has increased knowledge of service initiative across other organisations/teams



"The team has become aware of the different services that are available for children and families who are on a palliative care journey"

Impacts of participation



On patient care

Participants have increased confidence & up to date knowledge/practice



On organisation/service

Benefits to patient care & shared learning across services



Personally or professionally


Participants feel more supported & value the opportunity to network




On relationships with peers

Participants now a source of support to others & promotion of team working

Health Visitor Support Project ECHO network

 **Background:** Increased awareness and recently launched NICE Guidelines on ADHD and Autism have resulted in increased numbers of younger children being referred to services across Belfast Health and Social Care Trust related. This has overwhelmed the capacity of these services to deliver this care in a timely way. One way of overcoming this challenge is to manage patients, currently referred to specialist services, within primary care where safe and appropriate to do so.

 **Aim:** to give health visitor teams the knowledge and skills to increase their capacity to manage children on waiting lists for child development clinic, ADHD and autism specialists services.



7 ECHO sessions



13 participants on average



7 case presentations

Evaluation findings



64% agreed that participation developed their knowledge of how to manage children with developmental, emotional, behavioural and social communication needs



54% agreed that participation helped increase their confidence to manage children with developmental, emotional, behavioural and social communication needs



45% agreed their understanding of the local referral processes for children and the services available improved



64% agreed they have applied knowledge gained from participation in this network to their everyday practice



64% agreed that participation in this ECHO network enhanced their professional satisfaction



64% would recommend participation in this network to other professionals in their area



36% agreed case-based learning as the focus for discussion is an impactful way of learning



Impacts on practice




“It has further enhanced my knowledge regarding the complexities of ASD”

“Building professional relationships and networking”

“I have been able to learn from others and gain good ideas I can put into practice”

Health Visitor Support: Year 2 ECHO network

 **Background:** There are increased numbers of younger children being referred to services across Belfast Health and Social Care Trust related. This has overwhelmed the capacity of these services to deliver this care in a timely way. One way of overcoming this challenge is to manage patients, currently referred to specialist services, within primary care where safe and appropriate to do so.

 **Network aim:** to help increase the knowledge and skills of health visitor teams and promote shared learning.



6 ECHO sessions



31 participants on average



9 case presentations

Key evaluation findings



86% agreed they have applied knowledge gained through ECHO to care of families



"Improved knowledge base and awareness of signposting clients to services. Sharing of evidence based practice and interventions with families"



43% agreed there had been changes to policy, practice guidance, or processes within their work place



*"Evolved Continence service"
"Signposting families to more appropriate services"*



79% agreed participation has increased knowledge of service initiative across other organisations/teams



"In particular the perinatal mental health team and the incontinence/bowel services for children"

Impacts of participation



Support for families

Participants have increased knowledge of range of services available



On organisation/service

Information on how to complete a complex referral



Personally or professionally

Increased knowledge through shared learning



On relationships with peers

Increased awareness of skills of colleagues and initiation of discussions within teams



AHP ECHO Network

Background & Aims:

In the UK to strengthen the responses to the Covid-19 Pandemic, new legislation (Coronavirus Act 2020) was introduced in March 2020 which allowed HCPC to create a temporary register for AHP professionals to support the current workforce. Final Year students who were eligible were able to join the register to take up posts within the Health and Social Care Council in Northern Ireland.

Aims:

- Increased Support for Students entering the workforce
- Increased Wellbeing & Confidence of Students & Graduates in Clinical Practice
- Increased Self - Efficiency & Knowledge of Students & Graduates in Clinical Practice
- Development of a Community of Practice involving HSC, the University and Graduates entering the workforce.



10 ECHO sessions



Session 1 - 146 Participants
318 Registered Participants collectively



On average, 21 participated each session

Evaluation findings



90% found the ECHO sessions enjoyable



96% found the ECHO session relevant to their practice



60% agreed or strongly agreed that they felt more supported



83% found the Moodle Library Resources useful



76% have applied knowledge gained through ECHO to their practice



76% agreed that participation in the ECHO Network had increased their knowledge



65% attended up to 3 ECHO sessions



56% agreed that participation in the ECHO Network had improved their self-efficiency


Impacts on practice

"As a final year student, the topics covered will be invaluable as I embark on more placements & enter the workforce"

"I enjoyed the session specifically about my occupation, it was very helpful"

" Offers students the opportunity to engage with leaders"

Atrial Fibrillation ECHO Network - YR 1 Final

 **Background:** To improve knowledge and confidence in the management of patients with AF and to improve collaboration across sectors. To help participants feel more supported through connecting with peers and secondary care colleagues.

 **Aims:** Improved management of patients with AF. A community of practice for AF is established. Service Changes in AF Care.



10 ECHO sessions



16 Average Participants



11 Case Presentations

Evaluation findings



100% Agreed or Strongly Agreed that participation in ECHO has enhanced their working understanding of Cardiac Conditions



69% of participants have attended 7-10 ECHO Sessions.



100% of participants agreed the topics delivered were relevant to their role.



100% rated the ECHO Education Presentations as High to Very High Quality.



86% of participants agreed they have shared ECHO learning with other members of staff or service.



86% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



100% would recommend ECHO as a useful learning tool to others.



93% of participants would like to participate in this Network again.

Feedback

"Everyone a learner, everyone a teacher"

"it has been amazing - i have learnt so much from the 2 fantastic cardiologists - made it so relevant and easy to understand"

Belfast Nursing Homes ECHO Network



Background & Aim: To increase confidence in decision making in relation to the care of residents and to promote team building within each nursing home.

To increase the number of trained staff within nursing homes by sharing information and to provide a source of peer support.

To discuss the changing Guidelines and Procedures due to the Covid-19 Pandemic and Brexit.

Provide knowledge and support to colleagues and peers in the sector.



72 ECHO sessions



38 Average Participants



84 Education Presentations

Evaluation findings



95% agreed or strongly agreed that the quality of the ECHO sessions was High to Very High.



69% of participants have attended 1-20 ECHO Sessions.



90% of participants agreed the topics delivered were relevant to their role.



77% agreed or strongly Agreed that Case Based learning as the focus for discussion is an impactful way of learning.



92% of participants agreed they have shared ECHO learning with other members of staff or service.



73% of participants Agreed or Strongly agreed that participation in ECHO helped them feel more supported in their role.



77% would recommend ECHO as a useful learning tool to others.



98% of participants would like to participate in this Network again.



98% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



93% agreed that participation in ECHO had increased their knowledge of service initiatives across other service.

Feedback

"Sessions during the pandemic were invaluable. I felt well informed and confident to cascade the information to my staff and reassure them"

"I am grateful I participated in echo during the pandemic. It enabled me to feel equipped, confident and able to take on the challenge. In turn, it helped alleviate any concerns for my staff team and helped keep them and the service well led."

Care Homes South Project ECHO network



Background: To discuss and implement the changing Guidelines and Procedures advised, due to the Covid-19 Pandemic in Care Homes in the Southern Trust area.



Aim: To create a Community that provides knowledge and support to colleagues and peers in the Nursing Home Sector.



22 C-19 ECHO sessions
4 ECHO Sessions



On average 27 participated



25 Education Presentations
5 Patient Case presentations

Evaluation findings



100% agreed or strongly agreed that the quality of the ECHO sessions was High to Very High.



73% of participants have attended 1-10 ECHO Sessions.



96% of participants agreed the topics delivered were relevant to their role.



96% agreed that they would like to participate in the Network again



91% of participants agreed they have shared ECHO learning with other members of staff or service.



100% of participants Agreed or Strongly agreed that participation in ECHO helped them feel more supported in their role.



87% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



100% would recommend ECHO as a useful learning tool to others.

Impacts on practice

"The most useful aspect of ECHO was access to other members of the trust that one might not usually meet, the support gained from other members of ECHO and the content to support learning within the care home"

"Whether or not I have been able to attend myself or review the content at a later time I honestly feel that we in care homes have benefitted from the content of these ECHO sessions."

C-19 Community Pharmacy Project ECHO Network Final Survey

☰ **Background & Aim: To discuss the changing Guidelines and Procedures due to the Covid-19 Pandemic and Brexit.**

Provide knowledge and support to colleagues and peers in the sector.



15 ECHO sessions



127 Average Participants



17 Education Presentations

Evaluation findings



93% of participants have been able to apply learning from the ECHO session to their practice



65% of participants have attended 1-6 ECHO sessions



95% agreed the Quality of the Education was High to Very High



93% Agreed or Strongly Agreed that Case Based learning as the focus for discussion is an impactful way of learning.



89% agreed or strongly agreed that participation in this ECHO network has helped them to feel more supported in their role.



98% would recommend ECHO as a useful learning tool to others.



92% of participants agreed they have shared ECHO learning with other members of staff or service.



99% of participants would like to participate in this Network again.

..... Impacts on practice

"We are closely engaged with the COVID process and I can honestly say that I was able to take away and apply knowledge that I gained from each and every ECHO session."

"ECHO is getting information in a time efficient way, whilst still feeling connected to colleagues"

C-19 Care Homes West ECHO network End of Year Survey



Background & Aim:

Care home staff have increased knowledge, confidence and competence to enable them to make more informed decisions in relation to the care of their residents. Increased number of trained staff.

Improved relationships between health and social care staff and care home staff. An established community of practice for Care Homes which encourages learning from each other.

To create a Community that provides knowledge and support to colleagues and peers in the Nursing Home Sector.



11 ECHO Sessions



On average 28 participated



12 Education Presentations

Evaluation findings



100% agreed or strongly agreed that the quality of the ECHO sessions was High to Very High.



68% of participants have attended 1-6 ECHO Sessions.



84% of participants agreed the topics delivered were relevant to their role.



100% agreed that they would like to participate in the Network again



79% of participants agreed they have shared ECHO learning with other members of staff or service.



95% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



89% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



100% would recommend ECHO as a useful learning tool to others.

Impacts on practice

"Almost every topic had an impact on my practice....."

"These sessions have given me insight into other areas throughout the trust....."

"I am more aware of the challenges that care home staff face in the care they deliver. I also found the practical demonstration of lymphoedema very helpful"

"I have been able to advise with knowledge gained through ECHO sessions"

Diabetes Project ECHO Network

Background & Aim: To use Project ECHO to enhance knowledge and confidence in the management of diabetes within general practice, and improve awareness of the diabetes services available.



5 ECHO sessions



20 participants on average



10 patient case presentations

What benefits were reported?



69% surveyed participants attended 3-5 Echo Sessions



100% rated the quality of the Education as 'High to Very High Quality'



92% of participants learned something new in the ECHO Sessions that has made difference to their practice.

Participant Feedback

"Very practical advice. Reassured that there is no right answer to individual treatments"

"Good to make contact with the Diabetic Team & get advice on complex patients"

"The Case Studies are always useful to see holistic treatment in a real person, as opposed to following guidelines, interesting to hear of others experiences & how different approaches may work and not necessarily one fits all"

"All sessions have been excellent, informative & thought provoking"

Family Nursing Partnership ECHO Network

Background & Aim: To improve knowledge and confidence of FNP staff and to improve collaboration across the region. To help participants feel more supported through connecting with peers and colleagues. To keep up-to-date with the Covid-19 guidelines and processes.



8 ECHO sessions



26 Average Participants



7 Case Studies Presentations

Evaluation findings



100% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



74% of participants have attended 7-8 ECHO Sessions.



100% agreed the topics delivered where relevant to their role.



89% Agreed or Strongly Agreed that Case Based learning as the focus for discussion is an impactful way of learning.



58% of participants agreed they have shared ECHO learning with other members of staff or service.



95% of participants agreed that ECHO was High to Very High quality.



95% would recommend ECHO as a useful learning tool to others.



95% of participants would like to participate in this Network again.



89% agreed or strongly agreed that participation in this ECHO network has helped them to feel more supported in their role.



84% agreed that participation in ECHO had increased their knowledge of service initiatives across other service.

Feedback

"ECHO provided an opportunity to discuss topics at weekly team meetings and allowed us as a team to disseminate info and discuss as FN's."

"a good way of connecting to each other given the times that we are in. I also feel that it has saved time & expenses with traveling as a lot of training can be delivered this way. It was good regarding time management"

HSCQI ECHO Network - Year 1

 **Background & Aim: Establish a regional learning community with a focus on virtual visiting, virtual consultations & staff wellbeing.**

To provide peer support to help QI teams in delivering QI work. Implement new policies & procedures based on regional good practice.



8 ECHO sessions



32 Average Participants



20 Education Presentations

Evaluation findings



98% Agreed or Strongly Agreed that participation in ECHO has enhanced their knowledge of service initiatives across other teams.



71% of participants have attended 1-6 ECHO Sessions.



90% of participants agreed the topics delivered were relevant to their role.



95% rated the ECHO Education Presentations as High to Very High Quality.



86% of participants agreed they have shared ECHO learning with other members of staff or service.



73% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



100% would recommend ECHO as a useful learning tool to others.



100% of participants would like to participate in this Network again.

Feedback

"Other organisations methodology and projects have inspired me to introduce new ways of working within my own organisation"

"Feeling supported, connected and engaged with others in the group has been fantastic."

"Participation in ECHO has enabled me to develop connections with team members in other trusts."

Neighbourhood District Nurses ECHO network

Background & Aim: To create a Community that provides knowledge and support to colleagues and peers in the Nursing Home Sector.



9 ECHO Sessions



On average 34 participated



17 Education Presentations

Evaluation findings



94% agreed or strongly agreed that the quality of the ECHO sessions was High to Very High.



50% of participants have attended 4-6 ECHO Sessions.



100% of participants agreed the topics delivered were relevant to their role.



94% agreed that they would like to participate in the Network again



67% of participants agreed they have shared ECHO learning with other members of staff or service.



78% of participants Agreed or Strongly agreed that participation in ECHO helped them feel more supported in their role.



65% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



100% would recommend ECHO as a useful learning tool to others.

Impacts on practice

"really convenient to share knowledge with others in a convenient way."

"What was really useful.... learning from others getting to know how other trusts do things.... brought people together.."

NISCC ECHO Network - Final YR2

- ☰ To promote engagement between domiciliary care managers and provide a source of peer support.
- ☰ To establish a shared understanding of a new model for the provision of domiciliary care.
- ☰ To establish a shared understanding of the role of the domiciliary care manager and their staff.



9 ECHO sessions



34 participants on average



18 Presentations

What benefits were reported?



95% agreed the Quality of the Education was High to Very High.



86% of participants have attended 1-6 ECHO sessions.



81% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



95% Agreed or Strongly Agreed that Case Based learning as the focus for discussion is an impactful way of learning.



95% agreed or strongly agreed that participation in this ECHO network has helped them to feel more supported in their role.



100% of participants would like to participate in this Network again.



95% would recommend ECHO as a useful learning tool to others.



90% of participants agreed they have shared ECHO learning with other members of staff or service.

Feedback

"During the lock down, I was able to implement some of the learning from the Echo sessions and it put me a step ahead of other schemes in our organisation. "

"I felt isolated only knowing what was going on in my organisation. Echo has helped me connect with other managers and find out about their services / organisation / any relevant initiatives. "

No More Silos Project ECHO Network

- Background & Aim: To use Project ECHO to help build a community which allows key participants to explain new ways of working and to discuss new pathways which will enhance current systems to make them more efficient & effective.
To develop a collegiate approach to interface working as a fundamental step in all our development plans .



7 ECHO sessions



16 participants on average



6 Education presentations

What benefits were reported?



82% surveyed participants attended 1-4 Echo Sessions



82% rated the quality of the Education as 'High to Very High Quality



47% of participants learned something new in the ECHO Sessions that has made difference to their practice.

Participant Feedback

"Really good interaction between primary and secondary care and the sharing of opinions and ideas"

"Useful to see how collaborative approach could improve patient care"

"Very Practical advice and good GP consultation interaction"

"Most educational...Very informative"

Optometry ECHO Network

Background & Aim:
ECHO® embedded into the service specification to provide governance and support for the clinicians involved in co-management schemes delivering enhanced care in the optometric primary care setting.

Build capacity within primary care optometry to assist in the monitoring and review of patients with risk stratified stable conditions within a robust and quality assured model of service provision.

Improved patient experience with regards access to care
Increased knowledge and self-efficacy of participants



7 ECHO sessions



32 Average Participants



13 Case Presentations

Evaluation findings



90% Agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



68% of participants have attended 5+ ECHO Sessions.



100% of participants agreed the topics delivered were relevant to their role.



95% rated the ECHO Education Presentations as High to Very High Quality.



68% of participants agreed they have shared ECHO learning with other members of staff or service.



91% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



95% would recommend ECHO as a useful learning tool to others.



95% of participants would like to participate in this Network again.

Feedback

"ECHO was most useful when hearing that everyone was struggling in the worst of times and you were not alone.."

" I feel I'm generally more aware and I have a better understanding of secondary care"

South Eastern Nursing Homes ECHO Network



Background & Aim: To enhance palliative and end of life care knowledge amongst nursing home staff and to improve nursing home staff's confidence to manage people with Palliative and End of Life needs .

To enhance nursing home staff's competence in management of people with Palliative and End of Life needs.
To provide a source of peer support to nursing managing people with Palliative and End of Life needs.



10 ECHO sessions



18 Average Participants



11 Case Presentations

Evaluation findings



92% Agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



62% of participants have attended 4-9 ECHO Sessions.
30% of participants attended 13+ sessions



100% of participants agreed the topics delivered where relevant to their role.



100% rated the ECHO Education Presentations as High to Very High Quality.



84% of participants agreed they have shared ECHO learning with other members of staff or service.



100% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



100% would recommend ECHO as a useful learning tool to others.



93% of participants would like to participate in this Network again.



69% agreed that changes to policy, practice guidance & processes occurred through participation in this ECHO Network


Feedback

"All the training was delivered to a very high standard."

"The ECHO Project serves as one of my lifeline in continuously learning and developing good /updated practices."

Positive Behaviour Support Project ECHO Network - YR 2 Final

 **Background:** To increase knowledge & skills, for staff working with individuals with behaviours that challenge.
Develop a community of practice for PBS.

 **Aims:** Improved Knowledge, Skills, Confidence & Competence in PBS Staff.
Evidence of practice leaders emerging in PBS.
Networking and peer support for staff implementing PBS practice.
Improved outcomes for people with learning disabilities.



11 ECHO sessions



32 Average Participants



7 Case Presentations

Evaluation findings



86% of participants have been able to apply learning from the ECHO sessions to their practice.



63% of participants have attended 1-6 ECHO Sessions.



94% of participants agreed the topics delivered were relevant to their role.



94% rated the ECHO Education Presentations as High to Very High Quality.



71% of participants agreed they have shared ECHO learning with other members of staff or service.



74% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



94% would recommend ECHO as a useful learning tool to others.



76% of participants agreed that attending ECHO has increased their knowledge of service initiatives across other teams & services.




83% of participants agreed or Strongly Agreed that ECHO had enhanced their knowledge of PBS.



94% of participants would like to participate in this Network again.

Safeguarding ECHO network

 **Background:** To standardise practice & responses to neglect across the Network.

 **Aim:** To improve multi-agency working within the area of neglect and to improve the understanding of the roles and responsibilities of key practitioners.
To share the latest learning and resources in relation to neglect and share this learning with colleagues and provide peer support.



7 ECHO sessions



12 participants on average



8 patient case presentations

What benefits were reported?



100% Participants Agreed or Strongly Agreed they would recommend Project ECHO as a useful learning tool



100% found Case Based Learning as the focus for discussion and an impactful way of learning



92% found participating in Project ECHO enjoyable



46% shared learning with other members of their team or service



85% found the ECHO sessions relevant to their practice



62% have implemented learning from ECHO into their work



77% attended 1-3 ECHO sessions
23% attended 4-6 ECHO sessions

Impacts on practice

"It was most useful to come together with other practitioners from other areas, which provided me with a better understanding of how we all work together with the same goal but different purpose"

"What i found most useful was the sharing of information from different agencies and learning why they do things the way they do"

Social Prescribing ECHO Network



Background & Aim: To facilitate shared learning of social prescribing to include what works well, and how to address the challenges and to further develop the peer support network which promotes staff well-being and resilience.

To develop a collaborative approach to social prescribing across sectors.

To use this network to influence Regional Strategy



7 ECHO sessions



43 Average Participants



16 Education Presentations

Evaluation findings



75% Agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



70% of participants have attended 5-7 ECHO Sessions.



95% of participants agreed the topics delivered were relevant to their role.



77% agreed that Case Studies were the most useful aspect of ECHO followed by the Education Presentations.



79% of participants agreed they have shared ECHO learning with other members of staff or service.



68% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



90% would recommend ECHO as a useful learning tool to others.



88% of participants would like to participate in this Network again.



53% agreed that their preferred way for ECHO to connect with the Social Prescribing Programme Board was for co-chairs to attend ECHO regularly.



95% agreed that participation in ECHO had increased their knowledge of service initiatives across other service.

Feedback

"Highly professional & extremely useful experience"

"its certainly positive- the shared learning was a fantastic way of broadening knowledge and insight into many different areas"

Southern Federation ECHO Network - Year 1

Background & Aim: Updating GPs on the Covid 19 disease. Improving communication and understanding between primary and secondary care services in the Southern Trust area and thereby improving pathways and appropriate triaging of patients.



19 ECHO sessions



64 Average Participants



27 Education Presentations

Evaluation findings



98% Agreed or Strongly Agreed that participation in ECHO has enhanced their knowledge of topics covered.



47% of participants have attended 4-9 ECHO Sessions.



100% of participants agreed the topics delivered where relevant to their role.



98% rated the ECHO Education Presentations as High to Very High Quality.



86% of participants agreed they have shared ECHO learning with other members of staff or service.



98% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



100% would recommend ECHO as a useful learning tool to others.



93% of participants would like to participate in this Network again.

Feedback

"A good platform for Trust colleagues to inform us of developments in their services which impacts on GP's - i.e: UCC, DAU"

"Unity in the updates and knowledge of the southern board doctors in diagnosis and management of a new disease impacting the health of many of our patients and staff and necessitating a new way of working. Support in up to date knowledge with self care mental health advice as the pandemic progressed. Helpful input from our local secondary care colleagues"

SWAH "Minding the Gap" - ECHO Network



Background & Aim: Connecting Primary & Secondary care online for CPD, peer support & opportunities to strengthen professional trust and understanding.

To discuss and implement the changing Guidelines and Procedures advised, due to the Covid-19 Pandemic.



26 C-19 ECHO sessions



40 Average Participants



23 Education Presentations

Evaluation findings



94% Agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



63% of participants have attended 10+ ECHO Sessions.



94% of participants agreed the topics delivered were relevant to their role.



94% rated the ECHO Education Presentations as High to Very High Quality.



81% agreed participation in the ECHO Network has increased their knowledge of service initiatives across other services/teams.



88% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



88% would recommend ECHO as a useful learning tool to others.



100% of participants would like to participate in this Network again.



63% agreed that changes to policy, practice guidance & processes occurred through participation in this ECHO Network

Feedback

- "Professional advice and discussion and debate in what feels a local environment"**

"The excellent support team making things run so smoothly and the interplay between primary and secondary care"

C-19 Care Homes West ECHO network End of Year Survey



Background & Aim:

Care home staff have increased knowledge, confidence and competence to enable them to make more informed decisions in relation to the care of their residents. Increased number of trained staff.

Improved relationships between health and social care staff and care home staff. An established community of practice for Care Homes which encourages learning from each other.

To create a Community that provides knowledge and support to colleagues and peers in the Nursing Home Sector.



11 ECHO Sessions



On average 28 participated



12 Education Presentations

Evaluation findings



100% agreed or strongly agreed that the quality of the ECHO sessions was High to Very High.



68% of participants have attended 1-6 ECHO Sessions.



84% of participants agreed the topics delivered were relevant to their role.



100% agreed that they would like to participate in the Network again



79% of participants agreed they have shared ECHO learning with other members of staff or service.



95% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



89% agreed that they have applied knowledge gained through the ECHO network & applied it their practice.



100% would recommend ECHO as a useful learning tool to others.

Impacts on practice

"Almost every topic had an impact on my practice....."

"These sessions have given me insight into other areas throughout the trust....."

"I am more aware of the challenges that care home staff face in the care they deliver. I also found the practical demonstration of lymphoedema very helpful"

"I have been able to advise with knowledge gained through ECHO sessions"

Working Safely Through Rebuild ECHO Network

Background & Aim: Committed to Working Safely Together Through Rebuild, to protect patients, staff and their families as we begin to open our facilities & rebuild our services.

Supporting & Educating staff in each facility about working safely together through Covid to ensure our commitment to safety remains a priority.



10 ECHO sessions



61 Average Participants



17 Education Presentations

Evaluation findings



95% Agreed or Strongly Agreed that participation in ECHO has enhanced their knowledge of service initiatives across other teams.



64% of participants have attended 7+ ECHO Sessions.



95% of participants agreed the topics delivered were relevant to their role.



100% rated the ECHO Education Presentations as High to Very High Quality.



79% of participants agreed they have shared ECHO learning with other members of staff or service.



82% of participants Agreed or Strongly Agreed that participation in ECHO helped them feel more supported in their role.



95% would recommend ECHO as a useful learning tool to others.



95% of participants would like to participate in this Network again.

Feedback

"Sharing of practices/Risk Managements & Managing Services during Covid & moving out of Covid. Excellent examples of good/safe practice & shared/Networking"

"Focus on preventative measures related to safeguarding has being applied across every aspect of care delivery and streamlined to enable a safe and effective system"