



The Role of Project ECHO in Creating Adaptive Spaces to Support Mental Health and Wellbeing in N. Ireland Prisons

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Aim: To Evaluate the Impact and Potential of an Inter-Organisational Community of Practice in a Prison Setting.

PROJECT ECHO N.IRELAND

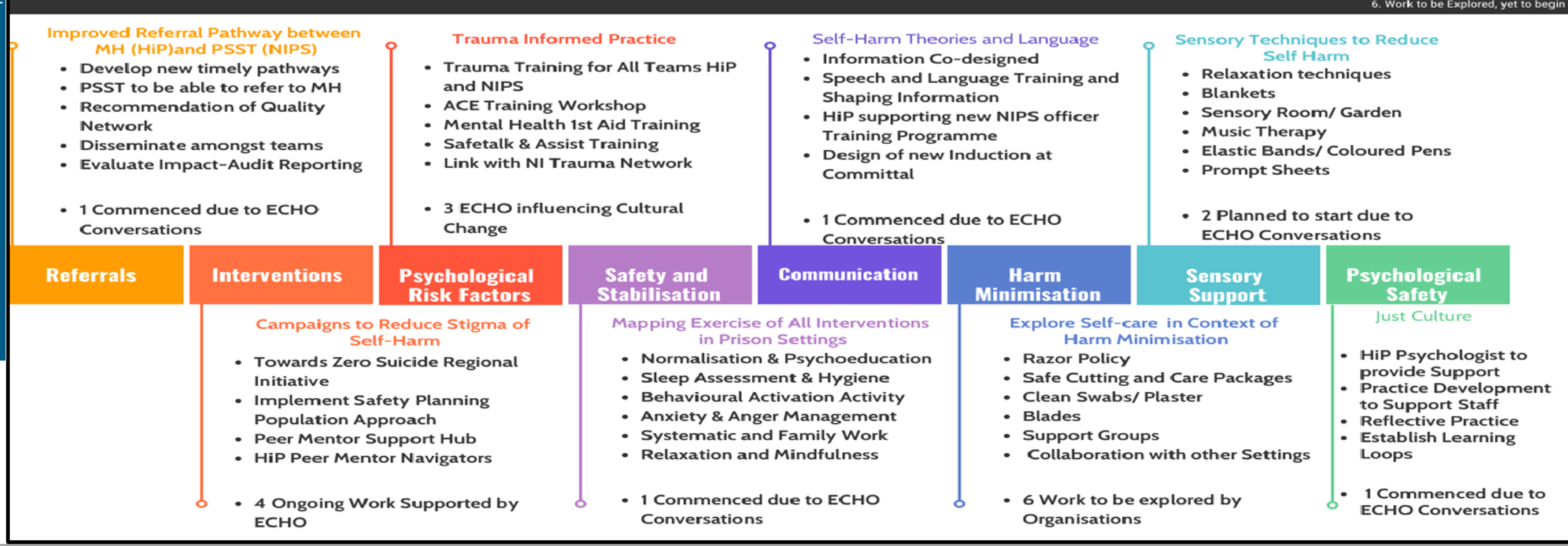
Extension of Community Healthcare Outcomes

- Utilising technology to deliver specialist training and support to practitioners.
- Establishing communities of practice to share the transformation of services.
- Increasing the knowledge and confidence of practitioners.
- Improving the care delivered to patients
- Supporting the localisation of care
- Working across boundaries

- ### Evaluation Methodology
- The Prisons Healthcare Network was Evaluated using a Mixed-Methods and Pragmatic Approach.
 - Involved interviews with Network Leads and Participants
 - Inductive Thematic Analysis (Braun and Clarke 2006)

Project ECHO Healthcare in Prison Network Self-Harm Framework

- Outcome Evaluation of Network
1. Commencement due to ECHO
 2. Planned to start due to ECHO
 3. ECHO Influencing Cultural Change
 4. Ongoing Supported by ECHO
 5. Ongoing work not Influenced by ECHO
 6. Work to be Explored, yet to begin



PROJECT ECHO N.IRELAND

- To explore and develop best practice in services with regards self-harm and improve the care of vulnerable people in custody.
- 3 N.Ireland Prisons
- Secondary Care Clinicians
- Community & Voluntary Organisations
- TZS Regional Networks
- Healthcare in Prisons - MDT
- NIPS - Governors, Safety & Support Officers
- People in Custody
- 9 ECHO Sessions
- 90 Participants Attended
- 16 Case Presentations

Self-Harm Framework

Following the ECHO Sessions an inter-organisational workgroup focused on the learning discussion and innovation. A Self-Harm Framework was established to focus training, changes in practice & establish protective factors in the prison

Impact Analysis of Community of Practice in NI Prisons

- Collaboration**
- Share Best Practice
 - Collaborative Problem Solving
 - Co-design of Pathways
 - Understanding Complexity
 - Link with 2 Care Experts
- Connection**
- Understanding of Roles
 - Recognition of Commonality
 - Space for Tension in Organisational Approaches
 - Enabling Reflective Listening
 - Connecting Across Prison Sites

- ### Recommendations for a Health Prison ECHO Network
- Importance of Challenging Organisational Hierarchy
 - Build Psychological Safety to Discuss Complexity
 - Create Conditions for Partnership
 - Understand Significance of Public Health Approach

- Change in Practice**
- Cultural Shift to Focus on Lived Experience
 - Partnership Approach to Training
 - Introduction of Safety Planning
 - Development of Self-Harm Matrix
 - Support for SPAR EVO
- Impact on Staff**
- Camaraderie
 - Visible Transparent Leadership
 - Time for Reflection
 - Building in Confidence
 - Tacit Knowledge Exchange

Creating Space for Inter-Organisational Understanding can Lead to Changes in Practice that Influence a Whole Prison Approach to Providing Better Care.